



Bella Vita Day Program

Monday	Tuesday	Wednesday	Friday
			1 9:30 Social (L) 10:00 Exercise (L) 10:45 Bowling (TV) 2:30 Villa Pub Entertainment with John Pebble (L)
4 <u>Labour Day</u> Day Program is Closed	5 9:30 Happy Morning Music 10:00 Exercise (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	6 9:30 Walking Club (L) 10:00 Crafts with Melissa 2:00 Manicures (A) 3:00 Coffee Social (L)	8 9:30 Social (L) 10:00 Exercise (L) 10:45 Scopa (L) 2:30 Villa Pub Entertainment with Angelo Venditti (L)
11 10:00 Exercise (L) 10:00 Aromatherapy (A) 10:45 Bocce (L) 12:30 Memory Games (L) 2:00 Serenaders Choir (L)	12 9:30 Happy Morning Music 10:00 Exercise (L) 12:45 Scopa (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	13 9:30 Walking Club (L) 10:45 Memory Game (L) 10:00 Exercise (L) 2:00 Dance Boogie (TV) 3:00 Coffee Social (L)	15 9:30 Social (L) 10:00 Exercise (L) 10:45 Bean Bag Toss (TV) 2:30 Villa Pub Entertainment with John Moorhouse (L)
18 9:30 Walking Outside (L) 10:00 Exercise (L) 10:45 Bocce (L) 2:00 Serenaders Choir (L)	19 9:30 Happy Morning Music 10:00 Exercise (L) 2:00 Bingo (L) 2:45 Ice Cream Social (L)	20 9:30 Walking Club (L) 10:00 Crafts with Melissa (activity room) 2:00 Memory Game (L) 3:00 Coffee Social (L)	22 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Bowling (TV) 2:30 Villa Pub Entertainment with Florin (L)
25 9:30 Walking Outside (L) 10:00 Exercise (L) 10:45 Horse Races (L) 2:00 Monthly Birthday with Brenda (L)	26 9:30 Happy Morning Music 10:00 Communion (L) 12:45 Card Games (L) 2:00 Bingo (L) 2:45 Ice Cream Social (L)	27 9:30 Walking Club (L) 10:45 Memory Game (L) 10:00 Exercise (L) 2:00 Dance Boogie (TV) 3:00 Coffee Social (L)	29 9:30 Social (L) 10:00 Exercise (L) 10:45 Bowling (TV) 2:30 Villa Pub Entertainment With Peter Arthur (L)

Villa Italia Retirement Residence
 530 Upper Paradise Rd.
 Hamilton, Ontario
 L9C 7W2
 905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
 Coffee Talk 9:30a.m.- 10:00a.m.
 Morning Snack 10:30a.m.
 Lunch 11:45a.m.-12:30p.m.
 Pause & Relax 12:30p.m.-1:00p.m.
 Mid-Afternoon Snack 1:45p.m.
 Wrap Up 2:30p.m.-3:00p.m.



Legend:
 L-Lobby (2nd floor)
 TV-TV Room (2nd floor)
 A-Activity Room (3rd floor)