



# Bella Vita Day Program

Monday	Tuesday	Wednesday	Friday
<b>2</b> 9:30 Walking Club (L) 10:00 Exercise (L)  10:45 Bocce (L) 12:30 Memory Games (L) 2:00 Serenaders Choir (L)	<b>3</b> 9:30 Happy Morning Music 10:00 Exercise (L) 2:00 Bingo (A) 2:00 Scopa (L)  2:45 Ice Cream Social (L)	<b>4</b> 9:30 Walking Club (L) 10:15 Baking mini-apple pies and Social (A)  2:00 Bowling (TV) 3:00 Coffee Social (L)	<b>6</b> 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Bean Bag Toss (TV) 2:30 Villa Pub Entertainment with Frank & Dean (L) 
<b>9</b> <i>Thanksgiving Day Day Program is closed</i>	<b>10</b> 9:30 Happy Morning Music 10:00 Communion (L)  2:00 Bingo (A) 2:45 Ice Cream Social (L)	<b>11</b> 9:30 Walking Club (L) 10:00 Exercise (L) 10:45 Memory Games (TV) 2:00 Dance Boogie (TV)	<b>13</b> 9:30 Coffee Social (L) 10:00 Exercise (L)  10:45 Bowling (L) 2:30 Villa Pub Entertainment with Martin Wall (L)
<b>16</b>  9:30 Walking Club (L) 10:00 Exercise (L) 10:45 Bocce (L) 12:30 Memory Games (L) 2:00 Serenaders Choir (L)	<b>17</b> 9:30 Happy Morning Music 10:00 Exercise (L)  12:45 Scopa (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	<b>18</b> 9:30 Walking Club (L) 10:00 Exercise (L)  2:00 Bowling (TV) 2:00 Scopa (L) 3:00 Coffee Social (L)	<b>20</b> 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Bean Bag Toss (TV) 2:30 Villa Pub Entertainment with Tony Ieluzzi (L) 
<b>23</b> 9:30 Walking Club (L) 10:00 Aromatherapy (A)  10:00 Exercise (L) 10:45 Bocce (L) 2:00 Serenaders Choir (L)	<b>24</b> 9:30 Happy Morning Music 10:00 Communion (L)  2:00 Bingo (L) 2:45 Ice Cream Social (L)	<b>25</b> 9:30 Walking Club (L) 10:00 Exercise (L) 10:45 Memory Game (L) 2:00 Deep Breathing Chair Yoga and Aroma Scents (A)	<b>27</b> 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Card Games (TV) 2:30 Villa Pub Entertainment with Steve Angel (L) 
<b>30</b> 9:30 Walking Club (L) 10:00 Exercise (L)  10:45 Horse Races (L) 2:00 Spooky Birthday Party with Aloha Elvis (L)	<b>31</b> 9:30 Happy Morning Music 10:00 Exercise (L) 12:45 Card Games (L) 2:00 Bingo (L) 2:45 Ice Cream Social (L)		

Villa Italia Retirement Residence  
 530 Upper Paradise Rd.  
 Hamilton, Ontario  
 L9C 7W2  
 905-388-4552  
*Love, Honour, Respect*

### Lunch and Snack Times

*Meet & Greet 9:00a.m.- 9:30a.m.*  
*Coffee Talk 9:30a.m.- 10:00a.m.*  
*Morning Snack 10:30a.m.*  
*Lunch 11:45a.m.-12:30p.m.*  
*Pause & Relax 12:30p.m.-1:00p.m.*  
*Mid-Afternoon Snack 1:45p.m.*  
*Wrap Up 2:30p.m.-3:00p.m*



*Legend:*  
 L-Lobby (2nd floor)  
 TV-TV Room (2nd floor)  
 A-Activity Room (3rd floor)