



Bella Vita Day Program

Monday	Tuesday	Wednesday	Friday
		1 9:30 Walking Club (L) 10:15 Crafts with Melissa in the activity room 2:00 Memory Games (TV) 3:00 Coffee Social (L)	3 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Bean Bag Toss (TV) 2:30 Villa Pub Entertainment with John Pebble (L)
6 9:30 Walking Club (L) 10:00 Aromatherapy (A) 10:00 Exercise (L) 10:45 Bocce (L) 2:00 Serenaders Choir (L)	7 9:30 Happy Morning Music 10:00 Exercise (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L) 3:00 Scopa (L)	8 9:30 Walking Club (L) 10:00 Exercise (L) 10:45 Memory Games (TV) 2:00 Dance Boogie (TV) 3:00 Coffee Social (L)	10 10:30 Remembrance Day Presentation (L) 12:30 Card Games (L) 2:30 Villa Pub Entertainment with Angela Venditti (L)
13 9:30 Walking Club (L) 10:00 Exercise (L) 10:45 Bocce (L) 12:30 Memory Games (L) 2:00 Serenaders Choir (L)	14 9:30 Happy Morning Music 10:00 Communion (L) 12:45 Scopa (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	15 9:30 Walking Club (L) 10:15 Making Crafts for Bazaar with Melissa (A) 2:00 Bowling (TV) 3:00 Coffee Social (L)	17 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Bean Bag Toss (TV) 2:30 Villa Pub Entertainment with Gary Smith (L)
20 9:30 Walking Club (L) 10:00 Aromatherapy (A) 10:00 Exercise (L) 10:45 Bocce (L) 2:00 Serenaders Choir (L)	21 9:30 Happy Morning Music 10:00 Exercise (L) 2:00 Bingo (L) 2:45 Ice Cream Social (L) 3:00 Scopa (L)	22 9:30 Walking Club (L) 10:00 Exercise (L) 10:45 Memory Game (L) 2:00 Deep Breathing Chair Yoga and Aroma Scents (A)	24 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Card Games (TV) 2:30 Villa Pub Entertainment with Vinz DeRosa (L)
27 9:30 Walking Club (L) 10:00 Exercise (L) 10:45 Horse Races (L) 2:00 Monthly Birthday with Maria & Joe (L)	28 9:30 Happy Morning Music 10:00 Communion (L) 12:45 Card Games (L) 2:00 Bingo (L) 2:45 Ice Cream Social (L)	29 9:30 Walking Club (L) 10:00 Exercise (L) 2:00 Serenaders Choir (L) 3:00 Scopa (L)	

Villa Italia Retirement Residence
 530 Upper Paradise Rd.
 Hamilton, Ontario
 L9C 7W2
 905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
Coffee Talk 9:30a.m.- 10:00a.m.
Morning Snack 10:30a.m.
Lunch 11:45a.m.-12:30p.m.
Pause & Relax 12:30p.m.-1:00p.m.
Mid-Afternoon Snack 1:45p.m.
Wrap Up 2:30p.m.-3:00p.m



Villa Italia Retirement Residence
 is hosting our 13th
Annual Christmas Bazaar
 on Saturday November 18th from
 10am. Till 3:00pm.
All are welcome!

Legend:
 L-Lobby (2nd floor)
 TV-TV Room (2nd floor)
 A-Activity Room (3rd floor)