



Bella Vita Day Program 2019

Monday	Tuesday	Wednesday	Friday
1 10:00 Exercise (L) 10:45 Coffee Social (L) 1:45 Accordion Music with Luciano (L)  2:45 Scopa (L)	2 10:00 Exercise (L)  10:00 Aromatherapy (TV) 2:00 Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	3 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L) 	5 10:00 Exercise (L) 10:45 Bowling (L)  2:30 Villa Pub Music with Frank & Dean (L)
8 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Memory Games (L) 1:45 Music with Milan (L)	9 10:00 Communion (L)  10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	10 9:30 Coffee Social (L) 10:00 Exercise (L)  1:45 Bocce (L) 2:45 Scopa (L)	12 10:00 Exercise (L) 10:45 Coffee Social (TV) 2:30 Villa Pub Music with Steve Angel (L) 
15 10:00 Exercise (L) 10:45 Coffee Social (L) 1:45 Bowling (TV)  2:45 Scopa (L)	16 10:00 Exercise (L) 10:00 Aromatherapy (TV) 2:00 Bingo (A) 2:45 Ice Cream Social (L) 3:00 Music with Escapade	17 9:30 Coffee Social (L) 10:00 Exercise (L)  1:45 Bocce (L) 2:45 Scopa (L)	19 Good Friday Day Program Closed
22 10:45 Coffee Social (L) 10:00 Exercise (L) 10:45 Bean Bag Toss (L) 1:45 Uno Card Game (L)	23 10:00 Communion (L)  2:00 Bingo (A) 3:00 Scopa (L) 2:45 Ice Cream Social (L)	24 9:30 Coffee Social (L) 10:00 Exercise (L)  1:45 Bocce (L) 2:45 Scopa (L)	26 10:00 Exercise (L) 10:45 Coffee Social (TV) 2:30 Villa Pub Music with Gary Smith (L) 
29 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Monthly Birthday Music with Steve Angel (L) 	30 10:00 Exercise (L) 10:00 Aromatherapy (TV) 2:00 Bingo (A)  2:30 Scopa (L) 2:45 Ice Cream Social (L)		

Villa Italia Retirement Residence
 530 Upper Paradise Rd.
 Hamilton, Ontario
 L9C 7W2
 905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
 Coffee Talk 9:30a.m.- 10:00a.m.
 Morning Snack 10:30a.m.
 Lunch 11:45a.m.-12:30p.m.
 Pause & Relax 12:30p.m.-1:00p.m.
 Mid-Afternoon Snack 1:45p.m.
 Wrap Up 2:30p.m.-3:00p.m.



Legend:
 L-Lobby (2nd floor)
 TV-TV Room (2nd floor)
 A-Activity Room (3rd floor)