





















Bella Vita Day Program 2019



Monday	Tuesday	Wednesday	Friday
2 10:00 Exercise (L) 10:45 Let's Colour (L) 1:45 Bean Bag Toss (L) 2:00 Scopa (L) 	3 10:00 Exercise (L)  10:00 Aromatherapy (TV) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	4 10:00 Bocce (L) 2:00 Catholic Mass w/ Father Francesco (L) 2:45 Scopa (L) 	6 10:00 Exercise (L) 10:45 Let's Colour (L) 2:30 Villa Pub Music with Vinz DeRosa (L) 
9 10:00 Exercise (L) 10:45 Memory Games (L) 1:30 Bowling (TV)  2:00 Scopa (L)	10 10:00 Communion (L)  10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	11 10:00 St. Eugene's School Choir (L) 2:00 Catholic Mass w/ Father Francesco (L) 2:45 Scopa (L)	13 10:00 Exercise (L) 10:45 Memory Game (L) 2:30 Villa Pub Music with Angelo Venditti (L) 
16 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Christmas Music with Kristanthi (L)  2:00 Scopa (L)	17 10:00 Aromatherapy (TV) 10:45 Coffee Social (L)  2:00 Bingo (A) 2:45 Ice Cream Social (L)	18 9:30 Coffee Social (L)  10:00 Bocce (L) 2:00 Catholic Mass w/ Father Francesco (L) 2:45 Scopa (L)	20 10:00 Exercise (L) 10:45 Coffee Social (TV) 2:30 Villa Pub Music with John Moorhouse (L) 
23 10:00 Exercise (L) 10:45 Relax & Colour (L) 1:45 till 2:45 Music with Robert Reed (L)  2:15 Scopa (L)	24 10:00 Communion (L)  10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	25  Christmas Day Day Program is Closed	27 10:00 Exercise (L) 10:45 Let's Colour (TV) 2:30 Villa Pub Music with Sam Farruggio (L) 
30 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Birthday Party & New Year Celebration Maria & Joe (L) 	31  10:00 Aromatherapy (TV) 10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	From our family to yours, Merry Christmas, Buon Natale, Happy New Year, Buon Anno! 	

Villa Italia Retirement Residence
 530 Upper Paradise Rd.
 Hamilton, Ontario
 L9C 7W2
 905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
Coffee Talk 9:30a.m.- 10:00a.m.
Morning Snack 10:30a.m.
Lunch 11:45a.m.-12:30p.m.
Pause & Relax 12:30p.m.-1:00p.m.
Mid-Afternoon Snack 1:45p.m.
Wrap Up 2:30p.m.-3:00p.m.



Legend:
 L-Lobby (2nd floor)
 TV-TV Room (2nd floor)
 A-Activity Room (3rd floor)