



















Bella Vita Day Program 2019



Monday	Tuesday	Wednesday	Friday
			1 10:00 Exercise (L) 10:45 Coffee Social (L) 2:30 Villa Pub Music with Milan (L) 
4 10:00 Exercise (L)  10:45 Bowling (TV) 1:45 Memory Games (L) 2:45 Scopa (L)	5 10:00 Exercise (L)  10:00 Aromatherapy (TV) 2:00 Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	6 10:15 Craft and Baking Day (A)  1:45 Bocce (L) 2:45 Scopa (L)	8 10:00 Exercise (L) 10:45 Bowling (TV) 2:30 Villa Pub Music with Steve Angel (L) 
11 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Music Time with Sam in the lobby 	12 10:00 Exercise (L)  10:00 Communion (L) 2:00 Bingo (A) 3:00 Ice Cream Social (L)	13 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Movie Matinee Oscar Classic in the lobby 	15 10:00 Exercise (L) 10:45 Card Games (L) 2:30 Villa Italia 16th Anniversary with Vinz DeRosa (L) 
18 <i>Family Day Day Program Is Closed</i>	19 10:00 Exercise (L)  10:00 Aromatherapy (TV) 2:00 Big Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	20 9:30 Coffee Social (L) 10:00 Catholic Mass with The priest for St. Anthony's 1:45 Bocce (L) 2:45 Scopa (L)	22 10:00 Exercise (L) 10:45 Bowling (TV) 2:30 Villa Pub Music with Gary Smith (L) 
25 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Monthly Birthday Party Music with John Pebble (L) 	26 10:00 Exercise (L)  10:00 Communion (L) 2:00 Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	27 9:30 Coffee Social (L)  10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L)	

Villa Italia Retirement Residence
 530 Upper Paradise Rd.
 Hamilton, Ontario
 L9C 7W2
 905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
Coffee Talk 9:30a.m.- 10:00a.m.
Morning Snack 10:30a.m.
Lunch 11:45a.m.-12:30p.m.
Pause & Relax 12:30p.m.-1:00p.m.
Mid-Afternoon Snack 1:45p.m.
Wrap Up 2:30p.m.-3:00p.m.



Legend:
 L-Lobby (2nd floor)
 TV-TV Room (2nd floor)
 A-Activity Room (3rd floor)