



















Bella Vita Day Program 2020

| Monday | Tuesday | Wednesday | Friday |
|---|--|---|---|
| 3 10:00 Exercise (L) 10:45 Let's Colour (L) 1:30 Coffee Social (L) 2:00 Scopa (L)  | 4 10:00 Exercise (L)  10:00 Aromatherapy (TV) 10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L) | 5 9:30 Coffee Social (L) 10:00 School Visit (L) 2:00 Catholic Mass w/ Father Francesco (L)  2:45 Scopa (L) | 7 10:00 Exercise (L) 10:45 Tea & Coffee Social 2:30 Villa Pub Music with Steve Angel (L)  |
| 10 10:00 Exercise (L) 10:45 Card Games (L) 1:45 Accordion Music with Luciano (L)  2:00 Scopa (L) | 11 10:00 Communion (L)  10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L) | 12 9:30 Coffee Social (L) 10:00 Bocce (L) 2:00 Catholic Mass w/ Father Francesco (L)  2:45 Scopa (L) | 14 10:00 Exercise (L) 10:45 Let's Colour (L) 2:30 Villa Pub Music with Dean Martin (L)  |
| 17 9:30 Coffee Social (L) 10:00 Exercise (L) 10:45 Bowling (TV)  1:30 Scopa (L) 2:30 Billiards (L) | 18 10:00 Exercise (L)  10:00 Aromatherapy (TV) 2:00 Bingo (A) 2:00 Scopa (L) 2:45 Ice Cream Social (L) | 19 9:30 Coffee Social (L) 10:00 Bocce (L) 2:00 Catholic Mass w/ Father Francesco (L)  2:45 Scopa (L) | 21 10:00 Exercise (L) 10:45 Memory Game (TV) 2:30 Villa Pub Music with The Acoustics (L)  |
| 24 10:00 Exercise (L)  10:45 Coffee Social (L) 2:00 Monthly Birthday Party Entertainment with Sam Farruggio (L) | 25 10:00 Exercise (L) 10:45 Bean Bag Toss (L) 1:30 Coffee Social (L) 2:00 Bingo (A)  2:45 Ice Cream Social (L) | 26 10:00 Ash Wednesday Service (L) 2:00 Catholic Mass w/ Father Francesco (L)  2:45 Scopa (L) | 28 10:00 Exercise (L) 10:45 Scopa (TV) 2:30 Villa Pub Music with John Moorhouse (L)  |



Villa Italia Retirement Residence
 530 Upper Paradise Rd.
 Hamilton, Ontario
 L9C 7W2
 905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
Coffee Talk 9:30a.m.- 10:00a.m.
Morning Snack 10:30a.m.
Lunch 11:45a.m.-12:30p.m.
Pause & Relax 12:30p.m.-1:00p.m.
Mid-Afternoon Snack 1:45p.m.
Wrap Up 2:30p.m.-3:00p.m.



Legend:
 L-Lobby (2nd floor)
 TV-TV Room (2nd floor)
 A-Activity Room (3rd floor)