



Bella Vita Day Program 2019

Monday	Tuesday	Wednesday	Friday
	1 New Years Day Day Program is closed	2 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L) 	4 10:00 Exercise (L) 10:45 Coffee Social (L) 2:30 Villa Pub Music with Angelo Venditti (L)
7 10:00 Exercise (L) 10:45 Bowling (TV) 1:45 Memory Games (L) 2:45 Scopa (L)	8 10:00 Communion (L) 2:00 Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	9 10:15 Craft of the Month (A) 1:45 Bocce (L) 2:45 Scopa (L)	11 10:00 Exercise (L) 10:45 Bowling (TV) 2:30 Villa Pub Music with The Acoustics (L)
14 10:00 Exercise (L) 10:45 Memory Games (L) 2:00 Accordion Music with Luciano (L) 	15 10:00 Exercise (L) 10:00 Aromatherapy (TV) 2:00 Bingo (A) 3:00 Ice Cream Social (L)	16 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L)	18 10:00 Exercise (L) 10:45 Card Games (L) 2:30 Villa Pub Music with Peter Arthur (L)
21 10:00 Exercise (L) 10:45 Bowling (TV) 1:45 Bean Bag Toss (L) 2:30 Coffee Time (L)	22 10:00 Communion (L) 2:00 Big Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	23 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L)	25 10:00 Exercise (L) 10:45 Coffee Social (L) 2:30 Villa Pub Music with Florin L)
28 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Monthly Birthday Party Music with Martin Wall (L) 	29 10:00 Exercise (L) 10:00 Aromatherapy (TV) 2:00 Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	30 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L)	

Villa Italia Retirement Residence
530 Upper Paradise Rd.
Hamilton, Ontario
L9C 7W2
905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
Coffee Talk 9:30a.m.- 10:00a.m.
Morning Snack 10:30a.m.
Lunch 11:45a.m.-12:30p.m.
Pause & Relax 12:30p.m.-1:00p.m.
Mid-Afternoon Snack 1:45p.m.
Wrap Up 2:30p.m.-3:00p.m.



Legend:
L-Lobby (2nd floor)
TV-TV Room (2nd floor)
A-Activity Room (3rd floor)