



Bella Vita Day Program 2019

Monday	Tuesday	Wednesday	Friday
		1 News Years Day Day Program is Closed	3 10:00 Exercise (L) 10:45 Memory Game (L) 2:30 Villa Pub Music with Peter Arthur (L)
6 10:00 Exercise (L) 10:45 Memory Games (L) 1:30 Bean Bag Toss (L) 2:00 Scopa (L)	7 10:00 Exercise (L) 10:00 Aromatherapy (TV) 10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	8 9:30 Coffee Social (L) 10:00 Bocce (L) 2:00 Catholic Mass w/ Father Francesco (L) 2:45 Scopa (L)	10 10:00 Exercise (L) 10:45 Let's Colour (L) 2:30 Villa Pub Music with John Pebble (L)
13 10:00 Exercise (L) 10:45 Coffee Social (L) 1:45 Afternoon Music with Milan (L) 2:00 Scopa (L)	14 10:00 Exercise (L) 10:00 Communion (L) 2:00 Bingo (A) 2:00 Scopa (L) 2:45 Ice Cream Social (L)	15 9:30 Coffee Social (L) 10:00 Bocce (L) 2:00 Catholic Mass w/ Father Francesco (L) 2:45 Scopa (L)	17 10:00 Exercise (L) 10:45 Scopa (TV) 2:30 Villa Pub Music with Sam Farruggio (L)
20 10:00 Exercise (L) 10:45 Relax & Colour (L) 1:30 Bowling (TV) 2:00 Scopa (L)	21 10:00 Exercise (L) 10:00 Aromatherapy (TV) 10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	22 10:00 Bocce (L) 10:00 School Visit (L) 2:00 Catholic Mass w/ Father Francesco (L) 2:45 Scopa (L)	24 10:00 Exercise (L) 10:45 Coffee Social (TV) 2:30 Villa Pub Music with Martin Wall (L)
27 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Monthly Birthday Party Entertainment with Florin (L)	28 10:00 Exercise (L) 10:00 Communion (L) 10:45 Coffee Social (L) 2:00 Big Bingo (L) 2:45 Ice Cream Social (L)	29 9:30 Coffee Social (L) 10:00 Bocce (L) 2:00 Catholic Mass w/ Father Francesco (L) 2:45 Scopa (L)	31 10:00 Exercise (L) 10:45 Memory Game (TV) 2:30 Villa Pub Music with Angelo Venditti (L)

Villa Italia Retirement Residence
 530 Upper Paradise Rd.
 Hamilton, Ontario
 L9C 7W2
 905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
Coffee Talk 9:30a.m.- 10:00a.m.
Morning Snack 10:30a.m.
Lunch 11:45a.m.-12:30p.m.
Pause & Relax 12:30p.m.-1:00p.m.
Mid-Afternoon Snack 1:45p.m.
Wrap Up 2:30p.m.-3:00p.m.



Legend:
 L-Lobby (2nd floor)
 TV-TV Room (2nd floor)
 A-Activity Room (3rd floor)