

Bella Vita Day Program 2019



Monday	Tuesday	Wednesday	Friday
			1 10:00 Exercise (L) 10:45 Bowling (L) 2:30 Villa Pub Music with The Acoustics (L)
4 10:00 Exercise (L) 10:45 Bowling (TV) 1:45 Memory Games (L) 2:45 Scopa (L)	5 10:00 Exercise (L) 10:00 Aromatherapy (TV) 2:00 Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	6 10:00 Ash Wednesday Service (L) 1:45 Bocce (L) 2:45 Scopa (L)	8 10:00 Exercise (L) 10:45 Coffee Social (TV) 2:30 Villa Pub Music with Florin (L)
11 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Music Time with Luciano (L)	12 10:00 Communion (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L) 3:00 Bel Canto Music School (L)	13 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L)	15 10:00 Exercise (L) 10:45 Bean Bag Toss (L) 2:30 St. Patrick's Day Pub Music with Don (L)
18 10:45 Coffee Social (L) 10:00 Exercise (L) 10:45 Bean Bag Toss (L) 1:45 Memory Game (L)	19 10:00 Exercise (L) 10:00 Aromatherapy (TV) 2:00 Big Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	20 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L)	22 10:00 Exercise (L) 10:45 Coffee Social (TV) 2:30 Villa Pub Music with Paula French (L)
25 10:00 Exercise (L) 10:45 Coffee Social (L) 2:00 Monthly Birthday Music with Maria & Joe (L)	26 10:00 Exercise (L) 10:00 Communion (L) 2:00 Bingo (A) 2:30 Scopa (L) 2:45 Ice Cream Social (L)	27 9:30 Coffee Social (L) 10:00 Exercise (L) 1:45 Bocce (L) 2:45 Scopa (L)	29 10:00 Exercise (L) 10:45 Card Games (TV) 2:30 Villa Pub Music with Angelo Venditti (L)

Villa Italia Retirement Residence
 530 Upper Paradise Rd.
 Hamilton, Ontario
 L9C 7W2
 905-388-4552
Love, Honour, Respect

Lunch and Snack Times

Meet & Greet 9:00a.m.- 9:30a.m.
 Coffee Talk 9:30a.m.- 10:00a.m.
 Morning Snack 10:30a.m.
 Lunch 11:45a.m.-12:30p.m.
 Pause & Relax 12:30p.m.-1:00p.m.
 Mid-Afternoon Snack 1:45p.m.
 Wrap Up 2:30p.m.-3:00p.m.



Legend:
 L-Lobby (2nd floor)
 TV-TV Room (2nd floor)
 A-Activity Room (3rd floor)