



# Bella Vita Day Program 2020

Monday	Tuesday	Wednesday	Friday
<b>2</b> 10:00 Exercise (L) 10:45 Fit Minds (L) 1:30 Coffee Social (L) 2:00 Scopa (L) 2:30 Billiards (L)	<b>3</b> 10:00 Exercise (L) <b>10:00 Aromatherapy (TV)</b> 10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	<b>4</b> 9:30 Coffee Social (L) 10:00 School Visit (L) <b>2:00 Catholic Mass w/ Father Francesco (L)</b> 2:45 Scopa (L)	<b>6</b> 10:00 Exercise (L) 10:45 Tea & Coffee Social <b>2:30 Jazzy Pub Show with Robert Reed (L)</b>
<b>9</b> 9:30 Coffee Social (L) 10:00 Exercise (L) <b>1:30-3:30 Alia and Tanjay Clothing Sale (L)</b>	<b>10</b> 10:00 Communion (L) 10:45 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	<b>11</b> 9:30 Coffee Social (L) 10:00 Bocce (L) <b>2:00 Catholic Mass w/ Father Francesco (L)</b> 2:45 Scopa (L)	<b>13</b> 10:00 Exercise (L) 10:45 Let's Colour (L) <b>2:30 St. Patrick's Day Pub With Lionel Bernard (L)</b>
<b>16</b> 10:00 Exercise (L) 10:45 Let's Colour (L) <b>1:45 till 2:45 Afternoon Music with Milan (L)</b>	<b>17</b> 10:00 Exercise (L) <b>10:00 Aromatherapy (TV)</b> 2:00 Bingo (A) 2:00 Scopa (L) 2:45 Ice Cream Social (L)	<b>18</b> 9:30 Coffee Social (L) 10:00 Bocce (L) <b>2:00 Catholic Mass w/ Father Francesco (L)</b> 2:45 Scopa (L)	<b>20</b> 10:00 Exercise (L) 10:45 Memory Game (TV) <b>2:30 Villa Pub Music with Sam Farruggio (L)</b>
<b>23</b> 10:00 Exercise (L) 10:45 Bowling (TV) <b>1:30 Giovanna's jewelry Sale in the lobby</b>	<b>24</b> 10:00 Exercise (L) 10:45 Bean Bag Toss (L) 1:30 Coffee Social (L) 2:00 Bingo (A) 2:45 Ice Cream Social (L)	<b>25</b> 9:30 Coffee Social (L) 10:00 Bocce (L) <b>2:00 Catholic Mass w/ Father Francesco (L)</b> 2:45 Scopa (L)	<b>27</b> 10:00 Exercise (L) 10:45 Scopa (TV) <b>2:30 Villa Pub Music with Fabio &amp; Pia (L)</b>
<b>30</b> 10:00 Exercise (L) 10:45 Coffee Social (L) <b>2:00 Monthly Birthday Party Entertainment with John Pebble (L)</b>	<b>31</b> 10:00 Exercise (L) 10:45 Bean Bag Toss (L) 1:30 Coffee Social (L) <b>2:00 Big Bingo (L)</b> 2:45 Ice Cream Social (L)		

Villa Italia Retirement Residence  
 530 Upper Paradise Rd.  
 Hamilton, Ontario  
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 905-388-4552  
*Love, Honour, Respect*

### Lunch and Snack Times

*Meet & Greet 9:00a.m.- 9:30a.m.*  
*Coffee Talk 9:30a.m.- 10:00a.m.*  
*Morning Snack 10:30a.m.*  
*Lunch 11:45a.m.-12:30p.m.*  
*Pause & Relax 12:30p.m.-1:00p.m.*  
*Mid-Afternoon Snack 1:45p.m.*  
*Wrap Up 2:30p.m.-3:00p.m.*



**Legend:**  
 L-Lobby (2nd floor)  
 TV-TV Room (2nd floor)  
 A-Activity Room (3rd floor)